

# Nashville Triathlon Club Membership Application

**New Membership:** \$35.00—includes a member t-shirt    **Renewals:** \$20.00/individual and \$35.00/couple

(Memberships are January 1 - December 31)

For more information about NTC:

Email [nashvilletriclub@gmail.com](mailto:nashvilletriclub@gmail.com) or see our website [www.nashvilletriathlonclub.com](http://www.nashvilletriathlonclub.com)

**Nashville Triathlon Club** benefits include:

- The ***Triathlon Times***, a bimonthly newsletter with multi-sport event calendar, race results, athlete profiles, training tips and more (only available in e-mail format).
- Bimonthly **club meetings** and special training & social events. Family and friends are always welcome.
  - USA Triathlon benefits.
- **Nashville Triathlon Club is a registered USAT Triathlon Club.**
- The opportunity to **meet, train, race, and have fun** with other multi-sport athletes of all abilities.
- Opportunity to purchase **club uniforms**, t-shirts, and other top quality gear at bargain prices!
- **Merchant discounts** with club sponsors!

Name _____	Date _____
Address _____	
Phone _____	Email _____
Date of Birth ____/____/____	M or F      USAT # _____
New Membership _____ (\$35)	T-shirt size   S____ M____ L____ XL____
Individual Renewal _____ (\$20)	
Couple Renewal _____ (\$35)	Spouse name _____ USAT # _____
	Date of Birth _____      Email _____

**Mail check & application to: Nashville Triathlon Club, P.O. Box 121984, Nashville, TN 37212**

**Applicant MUST sign this release form**  
**Nashville Triathlon Club – RELEASE AND HOLD HARMLESS**

I, \_\_\_\_\_, acknowledge that training for, racing in and/or volunteering for running, biking, swimming and multi-sport events are potentially hazardous activities. I further acknowledge that running, biking, swimming and multi-sport events are extreme tests of a person's physical and mental limits and carries with it the potential for death, serious injury, and property loss. I HEREBY ASSUME THE RISKS OF PARTICIPATING IN ALL CLUB FUNCTIONS. I certify that I am physically fit, have sufficiently trained for participation in these events and have not been advised otherwise by a qualified medical person. I acknowledge that my statements on this RELEASE AND HOLD HARMLESS are being accepted by the NASHVILLE TRIATHLON CLUB permitting me to participate in organized Club functions. I hereby take the following action for myself, my executors, administrators, heirs, next of kin, successors and assigns a) I AGREE to abide by the Competitive Rules adopted by USA Triathlon, including the Medical Control Rules, as they may be amended from time to time, and I acknowledge that my Club membership may be revoked or suspended for violation of the competitive Rules; b) I WAIVE, RELEASE, AND DISCHARGE from any and all claims or liabilities for death, personal injury, property damages, theft or damages of any kind, which arise out of or relate to my participation in, or my traveling to and from, an organized Club function, THE FOLLOWING PERSONS OR ENTITIES: NASHVILLE TRIATHLON CLUB, USA Triathlon chartered Clubs, Club sponsors, volunteers, and the officers, directors, employees, representatives and agents of any of the above; c) I AGREE NOT TO SUE any of the persons or entities mentioned above for any of the claims or liabilities that I have waived, released or discharged herein; and d) I INDEMNIFY AND HOLD HARMLESS the persons or entries mentioned above from any claims made or liabilities assessed against them as a result of my actions during an organized Club function. I HEREBY AFFIRM THAT I AM EIGHTEEN (18) YEARS OF AGE OR OLDER (if under 18, parent or guardian must also sign below)

**I HAVE READ THIS DOCUMENT, AND I UNDERSTAND AND AGREE WITH ITS CONTENTS.**

**SIGNATURE** \_\_\_\_\_      **DATE** \_\_\_\_\_

As the natural or legal guardian of the minor named above, I hereby bind myself, the minor and our executors, administrators, heirs, next of kin, successors and assigns to the terms of the foregoing RELEASE AND HOLD HARMLESS. I represent that I have the legal capacity and authority to act for and on behalf of the minor named above and I agree to indemnify and hold harmless the persons or entities mentioned in the foregoing RELEASE AND HOLD HARMLESS for any claims made or liabilities assessed against them as a result of any insufficiency of my legal capacity or authority to act for and on behalf of the minor in the execution of the foregoing RELEASE AND HOLD HARMLESS or in the execution of this Consent.

**PARENT/GUARDIAN SIGNATURE** \_\_\_\_\_      **DATE** \_\_\_\_\_